April Birthdays

Jennifer G April 05
Dagny F April 11
Judy R April 21
Ike S April 27

April 2025

Shuswap Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Vanessa led chair yoga 9:30 APRIL FOOLS DAY!!!!! 10:00 Sit and Stretch 2:00 Music with Marv Machura	9:30 Qi gong and stretch 10:00 Resident Meeting 10:30 Corn Toss 10:40 Visit with Rusty therapy dog. 2:00 Resident Birthdays Cake Social	8:00 Trivia Thursday 9:30 Vanessa led chair yoga 10:30 Curling 10:30 Table Board Games / shuffleboard 2:00 Wii Bowling	9:30 Ball exercise 10:00 Sit and Stretch 10:30 Short Story by Eve 2:00 Happy Hour Alberta Clippers 6:30 Movie your choice	10:00 Curling 2:00 Corn Toss 3:00 Table top games
9:00 Walk across Canada 10:00 Online Church Service 10:00 Puzzles 2:00 Afternoon Matinee - Movie of your choice 2:00 Crib just for fun	10:00 Sit and Stretch 2:00 Resident group singing 3:30 Documentary Prime	8:00 Trivia Tuesday 8:30 FIRE ALARM TEST (WHOLE BUILDING) 9:30 Bus to Lab and Mall drop 9:30 Vanessa led chair yoga 2:00 Skee Ball 3:00 First United Church	9:30 Qi gong and stretch 10:00 Sit and Stretch 10:30 Corn Toss 10:40 Visit with Rusty therapy dog. 2:00 Music with Trevor Baker	8:00 Trivia Thursday 9:30 Vanessa led chair yoga 10:30 Curling 2:00 Shukuleles	9:30 Ball exercise 11 10:00 Sit and Stretch 10:30 Short Story by Eve 2:00 Happy Hour *Miles with Friends * 6:30 Movie your choice	10:00 Curling 2:00 Corn Toss 3:00 Table top games
9:00 Walk across Canada 10:00 Online Church Service 10:00 Puzzles 2:00 Afternoon Matinee - Movie of your choice 2:00 Crib just for fun	10:00 Sit and Stretch 2:00 Resident group singing 3:30 Documentary Prime	Tuesday 9:30 Vanessa led chair yoga 10:00 Sit and	9:30 Qi gong and stretch 10:00 Sit and Stretch 10:30 Corn Toss 10:40 Visit with Rusty therapy dog. 2:00 Bus Outing 2:00 Scrabble or crib just for fun	8:00 Trivia Thursday 9:30 Vanessa led chair yoga 10:30 Curling 2:00 Shuffle Board	8:00 Good Friday 18 9:30 Ball exercise 10:00 Sit and Stretch 10:30 Short Story by Eve 2:00 Happy Hour * Dale Trenholm* 6:30 Movie your choice	10:00 Curling 2:00 Corn Toss 3:00 Table top games

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Easter Sunday 20	7:00 Easter 21	8:00 Trivia 22		8:00 Trivia 24	9:30 Ball exercise 25	10:00 Curling 26
9:00 Walk across	Monday	Tuesday	stretch 10:00 Sit and Stretch	Thursday	10:00 Sit and Stretch	2:00 Corn Toss
Canada 10:00 Online Church	10:00 Sit and	9:30 Vanessa led chair yoga	10:30 Corn Toss	9:30 Vanessa led	10:30 Short Story by	3:00 Table top
Service	Stretch	10:00 Sit and Stretch	10:40 Visit with Rusty	chair yoga	Eve 2:00 Happy Hour	games
10:00 Puzzles	2:00 Resident	10:00 Bus to Mall or	therapy dog.	10:30 Curling	With Rambling	
2:00 Afternoon	group singing 3:30 Documentary	Bank	2:00 seated volley ball	2:00 Bingo games	Roses	
Matinee - Movie of your choice	Prime	2:00 Skee Ball	3:00 Scam Fraud and protection talk/		6:30 Movie your	
2:00 Crib just for fun			const. Lana		choice	
9:00 Walk across 27	10.00 C:t and 00	8:00 Trivia 29	McNeil			
Canada	10:00 Sit and Stretch	8:00 Trivia 29 Tuesday	9:30 Qi gong and 30 stretch			
10:00 Online Church	10:00 Voting Day	9:30 Vanessa led	10:00 Sit and Stretch			
Service	2:00 Resident	chair yoga	10:30 Corn Toss			
10:00 Puzzles	group	10:00 Sit and	10:40 Visit with Rusty			
2:00 Afternoon Matinee - Movie	singing	Stretch	therapy dog.			
of your choice	3:30 Documentary		2:00 Bus Outing 2:00 Crib Game or			
2:00 Crib just for fun	Prime		Scrabble			
	What goes up	What type of a	How can you tell			
	when the rain	bow can't be tied	the weather's			•
	comes down?	or untied?	warming up?			
	Umbrellas!	A rainbow.	There's a spring in			
			people's step.			
						Happy Easter
> Mag 0 >						