

# February 2025

## Shuswap Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>I, Dawn recreation coordinator would like to learn more about the people who live at the lodge and I am hoping we can share stories. Perhaps we could have a class on writing and /or story telling and focus on special memories, family traditions, culture, travel or other adventures anyone interested? Please talk to me or I can also check in with you .</p>	<p><b>February Birthdays</b> Gail S Feb 20 Jessie D Feb 26 Margaret W Feb 27 Roy P Feb 29</p>	<p>9:00 Count your laps <b>1</b> 10:00 Skee - Ball 11:00 Scrabble for Fun 2:00 Corn Toss</p>
<p>9:00 Count your laps <b>2</b> 10:00 Online Church Service 10:00 Puzzles 11:00 Scrabble for Fun 2:00 Afternoon Matinee - Movie of your choice 2:00 Scrabble or crib just for fun</p>	<p>9:00 Count your laps <b>3</b> 10:00 Sit and Stretch 11:00 Scrabble for Fun 2:00 Resident group singing 3:30 Documentary Prime</p>	<p>8:00 Trivia Tuesday <b>4</b> 9:00 Count your laps 10:00 Ball Fit Exercise 11:00 Scrabble for Fun / Learn to sketch 2:00 Music with Marv Machura</p>	<p>9:30 Chair Yoga / Chi gong <b>5</b> 10:00 Resident Meeting 10:00 Corn Toss 10:40 Visit with Rusty therapy dog. 11:00 Scrabble for Fun / Learn to make cards 2:00 Resident Birthdays Cake Social</p>	<p>8:00 Trivia Thursday <b>6</b> 9:00 Count your laps 10:00 Curling 11:00 Scrabble for Fun / Learn Festivals of February 2:00 Holiday Decor valentines crafts/ games</p>	<p>9:00 Count your laps <b>7</b> 10:00 Sit and Stretch 10:30 Personal stories what motivates you 11:00 Scrabble for Fun / Learn to sketch 2:00 Happy Hour Alberta Clippers 6:30 Movie your choice</p>	<p>9:00 Count your laps <b>8</b> 10:00 Corn Toss Resident Led 11:00 Scrabble for Fun / 2:00 Curling Resident Led</p>
<p>9:00 Count your laps <b>9</b> 10:00 Online Church Service 10:00 Puzzles 11:00 Scrabble for Fun / Learn to sketch 2:00 Afternoon Matinee - Movie of your choice 2:00 Scrabble or crib just for fun</p>	<p>9:00 Count your laps <b>10</b> 10:00 Sit and Stretch 11:00 Scrabble for Fun / 2:00 Resident group singing 3:30 Documentary Prime</p>	<p>8:00 Trivia Tuesday <b>11</b> 8:30 FIRE ALARM TEST (WHOLE BUILDING) 9:00 Count your laps 9:50 Lab/Mall Drop 11:00 Scrabble for Fun / 3:00 First United Church</p>	<p>9:30 Chair Yoga and Chi Gong <b>12</b> 10:00 Corn Toss 10:40 Visit with Rusty therapy dog. 11:00 Scrabble for Fun / Learn to sketch 2:00 Bingo games</p>	<p>8:00 Trivia Thursday <b>13</b> 10:00 Curling 11:00 Scrabble for Fun / Learn to sketch 2:00 Shukuleles</p>	<p>9:30 Chair Yoga and Chi Gong <b>14</b> 10:00 Sit and Stretch 10:30 Short Story of St Valentine 11:00 Scrabble for Fun / Learn to sketch 2:00 Happy Hour *Miles with Friends * 6:30 Movie your choice</p>	<p>10:00 Curling Resident Led <b>15</b> 11:00 Scrabble for Fun 2:00 Corn Toss</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Online Church Service <b>16</b></p> <p>10:00 Puzzles</p> <p>11:00 Scrabble for Fun /</p> <p>2:00 Afternoon Matinee - Movie of your choice</p> <p>2:00 Scrabble or crib just for fun</p>	<p>10:00 Sit and Stretch <b>17</b></p> <p>11:00 Scrabble for Fun / Learn Festivals of February</p> <p>2:00 Resident group singing</p> <p>3:30 Documentary Prime</p>	<p>8:00 Trivia Tuesday <b>18</b></p> <p>9:30 Chair Yoga and Chi Gong</p> <p>11:00 Scrabble for Fun / Learn to sketch</p> <p>2:00 Fireside drink and stories</p>	<p>9:00 Chair Yoga and Chi Gong <b>19</b></p> <p>10:00 Corn Toss</p> <p>10:40 Visit with Rusty therapy dog.</p> <p>11:00 Scrabble for Fun / mask designing for carnival of Venice</p> <p>2:00 Bingo games</p>	<p>8:00 Trivia Thursday <b>20</b></p> <p>9:30 Chair Yoga and Chi Gong</p> <p>10:00 Curling</p> <p>11:00 Scrabble for Fun / Learn to sketch</p> <p>2:00 Table Board Games</p>	<p>10:00 Sit and Stretch <b>21</b></p> <p>10:30 Short Story</p> <p>11:00 Scrabble for Fun / Learn to sketch</p> <p>2:00 Happy Hour * Dale Trenholm*</p> <p>6:30 Movie your choice</p>	<p>10:00 Skee Ball self directed <b>22</b></p> <p>11:00 Scrabble for Fun /</p> <p>2:00 Curling Resident Led</p>
<p>10:00 Online Church Service <b>23</b></p> <p>10:00 Puzzles</p> <p>11:00 Scrabble for Fun / Learn to sketch</p> <p>2:00 Afternoon Matinee - Movie of your choice</p> <p>2:00 Scrabble or crib just for fun</p>	<p>9:30 Chair Yoga and Chi Gong <b>24</b></p> <p>10:00 Sit and Stretch</p> <p>11:00 Scrabble for Fun / Learn to sketch</p> <p>2:00 Resident group singing</p> <p>3:30 Documentary Prime</p>	<p>8:00 Trivia Tuesday <b>25</b></p> <p>10:00 Ball Fit Exercise</p> <p>11:00 Scrabble for Fun / Learn to sketch</p> <p>2:00 Fireside drinks and stories</p>	<p>9:30 Chair Yoga and Chi Gong <b>26</b></p> <p>10:00 Corn Toss</p> <p>10:40 Visit with Rusty therapy dog.</p> <p>11:00 Scrabble for Fun / Learn to sketch</p> <p>2:00 Bus Outing</p>	<p>8:00 Trivia Thursday <b>27</b></p> <p>10:00 Curling</p> <p>11:00 Scrabble for Fun / Learn to sketch</p> <p>2:00 Table top games</p>	<p>9:30 Chair Yoga and Chi Gong <b>28</b></p> <p>10:00 Sit and Stretch</p> <p>10:30 Short Story</p> <p>11:00 Scrabble for Fun / Learn to sketch</p> <p>2:00 Happy Hour With Rambling Roses</p> <p>6:30 Movie your choice</p>	